

Super-Easy Roasted Veggies

Ingredients:

- 1 bag frozen asparagus, broccoli or brussels sprouts
- 1 tbsp olive oil
- Sea salt (to taste)
- Black pepper (to taste)
- Garlic powder (to taste)

Directions:

Preheat oven to 400

Toss ingredients together in a medium bowl

Spread out on sprayed baking sheet

Bake until golden (10-12 minutes)