

Side Dish: Tasty Sautéed Spinach:

Ingredients:

- ½ chopped white onion
- 2 tbsp. or 2 cloves chopped garlic
- 1 tbsp. olive oil
- 2 bags fresh spinach
- 1 container mushrooms

Directions:

- In a large pan sauté onion and garlic in olive oil over medium heat for 2 minutes.
- Add Mushrooms and cook for an additional 2-4 minutes.
- Add spinach one bag at a time allowing it time to cook down.
- Cook until spinach is at desired consistency.
- Add black pepper and a dash of sea salt to taste (if desired).