

## **Lettuce Wraps with Peanut Sauce**

Cut one head Iceberg lettuce in half and use the larger leaves for your “cups”.  
Chop up one chicken breast into tiny pieces or use 1 cup browned ground turkey as the filler

Top with finely chopped celery and cucumbers and 2 tbsp total of the below Peanut Sauce

Peanut Sauce:

- 2 tbsp natural peanut butter (smooth variety)
- 2 tbsp low sodium tamari
- 2 tsp rice wine vinegar
- 1 clove garlic
- Red pepper flakes

Mix all ingredients together well and serve