

## **“Healthier” Cobb Salad**

### Ingredients:

- 3-4 cups romaine lettuce, chopped
- 1 chicken breast, cooked and cubed
- 1 hardboiled egg, sliced
- 2 slices turkey bacon, chopped
- ½ tomato, chopped
- 1/8 cup blue cheese crumbles (optional)

Combine all ingredients

Add 2 tbsp balsamic vinaigrette and toss, serves 1.