

Recipe: Crispy Broccoli

I love to munch on this when I'm craving something crunchy and a little salty!

Ingredients:

- 1 head of broccoli, cut into small florets (cut the stems rather short, as they can get chewy)
- Sea Salt (optional)
- Seasonings as desired – I love chili and garlic powder!

Preheat oven to 425 degrees.

Line a cookie sheet with parchment paper and place broccoli in an even layer on the parchment paper.

Sprinkle with desired seasonings.

Cook for 30 minutes, turning with a spoon about halfway through.

